

R E S T
FOR A
Wearied SOUL:

OR THE
Pilgrim at his Journey's END.

Being the last Legacy of

Mr. JOHN BUNYAN
of Bedfordshire.

Left to his Children, when he lay
upon his Death-Bed.

CONTAINING,

1. His Admonition to them, of their Duty to
G O D, to their Mother, and to one another.
2. A Copy of Verses, that he made upon
himself, not long before his Death.
3. Four
and Twenty Godly Meditations.
4. Three
and Twenty Godly Verses, which he gave
to his Youngest Son, when he lay upon
his Death-Bed.
5. Twenty of his common
Godly Sayings and Proverbs.

All which are very Pleasant to Read, and
Profitable to Practice; being of excellent
Use, for all Sorts of People, that desire to
live a Godly Life, in this present World.

*The Just Man walketh in his Integrity. His
Children are Bless'd after him. Prov. 2. 7.*

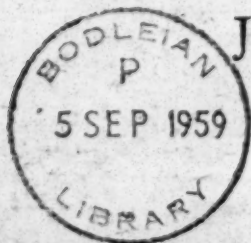
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Vet. A. 4

TO THE READER.

R Eader, See here a Godly Man's Advice,
Unto his Sons, See how he doth entice?
See how he does exhort! See how he prays!
See how he strives to win them sundry Ways!
His Bowels earn, his Breast is full of Love;
His Heart doth burn with Fire from above:
Pray read this Book, and as you like it, then
Judge and speak, and think, and speak again:
Do but read it, and as you like it, buy it,
Or rather pay for't first, and then try it:
I know you'll like it, if you are Godly given,
Here's that will help you in the Way to Heaven:
If you're ungodly, here's that will convert ye;
'Twill pierce your Heart, & yet it will not hurt ye.

James Handley.



REST for a Wearied SOUL:

Or, The

Pilgrim at his Journey's End.

*His Admonition to his Children, of their
Duty to GOD, to their Mother,
and to one another: Wrote some
Time before his Death, afterwards
found amongst his Writings.*

MY Children, I must now leave you, I
am going to a better Place, my Glas
is almost run; I hope I have made
my Peace with GOD, I have fought a
good Fight, and have finished my Course, and
there is laid up for me a Crown of Glory: In
my Youth I was as wild and ungodly, I be-
lieve, as most was: I spent my Time idly,
and never regarded what I did, so as I might
but please and satisfy my Appetite; as to eve-
ry Particular of my Life, it will be needless
to nominate; and as to my Conversion, you
have

have read it in the Book of my Conversion) I have since my Conversion, I thank GOD, taken great Head to my Ways, I have lived as uprightly as I possibly could; for if I did any Wrong, it was against my Knowledge: I have wrote many good Books, and have lived according to Scripture Rules, as much as Flesh and Blood was able. I loved the worst of my Enemies, who cast many false Aspersions upon me, to disgrace me; but thanks be to GOD, I owe no one any ill Will; but heartily forgive all that have been my Enemies, as I hope to be forgiven my selfe of Almighty GOD. My dear Children, let me intreat you, to be admonished by my Word, and take my Exhortation as a Legacy, I having, as you know, very little else to leave you: *First* then, let me put you in Mind of your Duty to GOD: *Secondly*, your Duty to your Mother: And *thirdly*, to one another.

First, Of your Duty to GOD.

Draw nigh unto GOD, and he will draw nigh unto you, *Jam: 4. 8.* This very Exhortation of Saint *James*, is enough to entice you without any other: He tells you, That if you draw nigh to GOD, he will draw nigh unto you; that is, by Way of Paraphrase, if you love GOD, he will love you, if

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Rest for a Wearied Soul.

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If you fear GOD, he will defend you, if you
are willing to turn from your evil Ways,
GOD will be willing to receive you; he de-
sires not the Death of a Sinner; if you are
not saved, it is your own Faults, and in-
deed this Text comprehends a very great
Deal of Comfort: It brings glad Tidings to
a wretched Sinner: It speaks Peace to all.
Thus far by Way of Exhortation. 2dly.
What the Duty to GOD is: *Fear GOD, and
keep his Commandments, for this is the whole
Duty of Man,* Eccles: 12. 13. There you
see your Duty. *Fear GOD, and keep his
Commandments:* Fear to offend GOD, and be
careful to keep his Commandments, and that
is your Duty to GOD comprehended in
Short: Be careful to serve him; fearful to
offend him, diligent to keep his Laws, willing
to obey his Commands; abide all his Corre-
ctions with Patience, murmur at none of
his Ways, live honestly; love all Men, swear
not, lie not (for the Devil was a Lier from
the Beginning) steal not, cheat not, take not
the LORD's Name in Vain; have no other
Gods; covet not that which is another Man's;
love the LORD with your whole Heart; fear
him, praise his Name, bridle your Lusts and
unruly Passions resist the Devil (and he
will fly from you) care not for the World,
and let your whole Life be agreeable to GOD's
Will: Suffer any Thing for your Religion,
nay, Death it self: Die daily unto Sin,
and

and live unto Righteousness, and in all Things submit to the Will of GOD: *Draw nigh unto GOD, and he will draw nigh unto you.* shall conclude this Exhortation with these following Precepts, which if you follow, you will do well.

1. Fear to do any Thing against that GOD whom you love; and you will not love to do any Thing against that GOD whom you fear. **Secur**

2. Let your Prayers be as frequent as your Wants, and your Thanksgivings as your Blessings. **H** *Ono*

3. In the Morning, think what you have to do, for which ask GOD's Blessing; at Night, of what you have done, for which ask him Forgiveness. *which t*
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4. Take an exact Account of your Life; be not afraid to look upon the Score, but afraid to encrease it: To despair because a Man is sinful, is to be worse, because he hath been bad. *And ag*
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5. Consider the Shortness of your Life, and Certainty of Judgment: the great Reward for the Good; and severe Punishment for the Wicked; therefore make even with heavenly Repentance, at the End of every Day; and so you shall have but one Day to repent of before you die. *that D*
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6. Do Injury to none, for by so doing, you do but teach others to do Injury to you.

7. Innocency will be your best Guard, and your Integrity will be a Coat of Mail to you

Rest for a Wearied Soul.

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on. And he that dares to be wicked sometimes for his Advantage; will always be so, his Interest require it.

If you love GOD, keep his Commandments, for they are not grievous, as I have found by experience. Draw nigh unto GOD, and he will draw nigh unto you.

Secundly, Your Duty to your Mother.

Honour your Father and Mother, that your Days may be long upon the Land which the LORD thy GOD giveth thee, is the fifth Commandment of GOD: And again, Prov: 13. 1. A wise Son heareth his Father's Instruction, but a Scornor heareth not Rebuke: And again, Prov: 6. 20 My Son, keep thy Father's Commandment, and forsake not the Law of thy Mother. Prov: 4. 10. Hear, O my Son, and receive my Sayings, and thy Years of thy Life shall be many. Here you may see that Duty to your Parents, is a Commandment of GOD; with this Promise [That thy Days may be many] Solomon the wisest Man that ever was, or ever will be, in the next Place, gives you a Character of a wise Son, that is, of a dutiful Son, and of a Scornor, that is, of an undutiful Son; the wise Son hearkeneth to his Father's Instruction; he willingly obeys; he sighs and cries, Father I obey, when he is commanded to go, he runs; when

when to make Haſte he flies: But the Sco-
 ner, when he is rebuked is angry, and
 ready to fly in his Father's Face; when
 he is commanded to go, he hides himſelf: when
 to make Haſte diſdains and ſcorns to be ſpoke
 to. Conſider, my Sons, what I have ſaid
 and *honour your Mother*, when I am in my
 cold Grave. I give you Charge in the Signe
 of GOD, who quickneth all Things, and
 before Chriſt Jeſus, who before *Pontius Pilate*
 witneſſed a good Confeſſion, that you
 keep this Commandment without Spot,
Tim. 6. 13, 14. Remember what became
Absalom's Undutifulneſs, *2 Sam: 18. 9.* And
 by that take Warning.

Thirdly, *Your Duty to one another.*

BEhold how good and pleaſant it is for Bre-
 thren, to dwell in Unity, *Pſal: 133.*
 My dear Children! let me admoniſh you
 Let there be no Diviſion amongſt you, live to-
 gether as one Fleſh, that in ſo doing you
 may pleaſe GOD, be a Comfort to your Mo-
 ther, be a good Example to others, and be
 for ever happy. Remember the ill Conſe-
 quence of *Cain's* Hate to his Brother *Abel*
Gen: 4. 8. Take Warning by others Harm
 and you will do well: While others ſtrive
 one againſt another, do you ſtrive to do
 Good one for the other: While others an-

Rest for a Wearied Soul.

at Variance, do you pray one for another: Whilst others revile one another, do you comfort one another: While others act the Part of *Gain*, Gen: 4. 8. Do you act the Part of *Joseph*, Gen: 45. 4.

Bear with each others Infirmities; and either love the other as himself, then will you please GOD, and be blessed: Mind what I have said, and lay it up in your Hearts, and GOD give his Blessing to it: I am now going to my Father, and must leave you: I have kept the Faith: And I hope we shall one Day meet Face to Face in Heaven, where Pleasures flow in Streams, in the Presence of the Almighty, and Joy for evermore: Where we may freely take a Turn in the golden Streets of *Paradise*, and sing Praise unto GOD for evermore. I have very little of worldly Wealth to leave you; only this Exhortation, and my Blessing: To GOD the Father, Son and Holy Ghost, be all Honour, Glory and Power, for ever, and for ever.

My Children, Adieu.

A COPY of VERSES, that he made upon himself, not long before his Death.

FOrbear fond Man, and weep no more, 'tis vain
When Heaven decrees, 'tis folly to complain.
This worldly Mass is subject to Decay,

B

And

And Death and Nature all Things must obey;
 The blushing Rose smiles with the morning Sun,
 Just then looks gay, now withers and is gone:
 The unthinking Brutes, with Sense alone possest,
 Obey and hasten to their common rest:
 Nay, this proud Fabrick shall at last become,
 That ill shap'd Chaos, which it issu'd from,
 And primitive Nothing shall to it self return.
 Then why, poor Mortal, dost thou weep & cry?
 Think what thou art, and be content to die,
 Pardon my Sin, Almighty GOD, I pray;
 Forgive me all, then take me hence away:
 Pity my Sorrow, and relenting Tears,
 O let my Cry come to thy gracious Ears:
 Appease my Conscience: Wash my Sins away:
 Remit my Crimes, then strike this House of Clay,
 Then my triumphant Soul shall upwards fly,
 And leave with Joy this worldly Vanity.

Some of his Godly Meditations.

1. **N**O Creature under Heaven can afford
 my Soul any Comfort, only thou O
 LORD of Eternal Glory, that art the Help
 of Man, and the great Physician of Souls;
 thou bringest a Man nigh unto Death, and
 restores him to Life again, that he may see
 his own Weakness, and Thy Power: Where-
 fore all Love and Praise be given to thee, O
 GOD.

2. O GOD, I extol thy Sacred Name, tho'

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Rest for a Wearied Soul.

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obey ; I am a miserable Man and wretched Sinner :
Surr, And therefore unfit and unable to praise thee
gone : according to thy Worthiness ; yet will I
offest, not cease to give thee Thanks, to the utmost
me, } of my Strength : I will declare thy Justice
n, } and Mercy, and while I live, I will praise
rn. } thy Name : I will always love, honour
cry? and obey thee, and at no Time forget thy
die, Mercies.

3. As for Man, he is Nothing but Dust and
Ashes, a Show of simple Seed, and a Slip of
slender Strength ; a Bubble, a *Chaos* of Cor-
ruption, and Branch of fading Flowers ; a
Frame of most frail Flesh, whose Life is
but a Span, and full of Misery.

4. O heavenly Father, let me not for-
get mine own Frailty, let me consider what
I am, and remember always what I should
be ; then shall I forget to love my self, and
long after the Love of Thee : I am made af-
ter thine Image, though the falling from thy
Commandments, hath foiled me sore with
Sin.

5. My Sins, O LORD, lie forth in Plenty
before thy Face, I can turn no Way but they
pursue me, I would fain intreat thee to pardon
them ; but I dare not draw near thee for
Fear of them ; consider my Necessity, most
mighty GOD, and deliver me, for thy dear
Son's Sake.

6. Altho' my Sins be as the Sands of the
Sea, and mine Offences be more in Number
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than the Hairs of my Head, yet take thou not Vengeance, O LORD, but as thou hast many Times shewed Mercy: so now be gracious, and forgive me, for I know, that my Sins were as red as Scarlet, yet thou canst make them as white as Snow. Therefore, O LORD, to thee be Glory for ever and ever.

7. I have hungred, O my GOD, to feed upon thee, that art the Bread of Life, not with the Jaws of my Flesh, but with the Mouth of my Faith; until it may please thee to feed me at full, with the intire Contemplation of thy Substance, which I shall see Face to Face, and also be seen in the *Celestial* Glory, when I am discharged of this House of Clay, and Mass of Corruption; this Hope is the Harbour of my Delight, and the End of all my Trouble. Hasten therefore, O LORD, and shake my Glass, that the Sands of my Life being run out, I may live with the Souls of just Men made perfect, where I may sing Praise to thee for evermore, World without End, *Amen*.

8. Most gracious GOD, give me to drink of that Water, that whoso drinketh thereof shall thirst the more, as after the Sweetness of Heavenly Things, whose Taste is unspeakable pleasant: And give me also to drink of that Water, that whoso drinketh thereof shall thirst no more for ever; for it floweth from thee, the Fountain of Immortality: To thee O LORD, all Praise and Glory be.

9. Truly

Rest for a Wearied Soul.

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9. Truly, LORD, I see no Cause why I should long to abide in this Life: If I were of such Perfection as St. Paul the Apostle was, I should perceive the Wickedness of this World, and the Glory of thy Kingdom, and desire earnestly, as he did, to be dissolved, and to be with Christ.

10. Oh Father, thou knowest my Heart's Desire is always to serve thee, and abide in thy Favour: Grant me I pray thee, that I may live in thy Law, work by that Rule: walk in thy Way, and live in thy Fear, Then shall I die in thy Favour, and be forever happy; out of the dread of Man, out of the Jaws of Death, and out of Fear of Damnation.

11. Oh my GOD! execute those Things upon me, as it shall seem best unto thy Divine Wisdom; as thou shalt see it most fitting for my Soul, abridge the Days of my Pilgrimage, and commence the Term of my Life, call me from this Clay, and cloath me with Righteousness, where thou art resident with thy Saints in Glory everlasting.

12. Oh! what a joyful Day shall that be, in which we shall behold with our Eyes, those Things which we have often recorded in our Hearts, and hear with our Ears, which we have read with our Eyes, and feel with our Sense, that which we have conceived in our Minds, darkly as it were in a Cloud; but then to enjoy them perfectly.

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13

Truly

13. Mortifie the Man of Sin, which reigneth within me, I pray thee, O GOD; That always rebelleth against the Spirit, keeping me in Ignorance, and envying me the Fruition of thee: Let no Fear of a corporal Death, defer me from the most heavenly Feeling of such a ghostly Contemplation. In Heaven, O most pure GOD, there dwelleth no Wickedness, but each Song soundeth forth thy Praise, wherefore all Laud and Honour be unto thee, O most Mighty GOD, for every and ever, World without End.

14. Thy Ways most sweet, O LORD, are the Ways of Righteousness, and thy Commandments conduct to heavenly Honour. As for thy Will, it is the Well Spring of Life, the Path of Peace, the Sea of Security: the Port of Perfection, and the Fountain of all Felicity: O LORD, I fain would entreat thy Divine Majesty, to remove the woful Affliction, Grief, Miseries, Stripes, Sores and Wounds, which my Soul sustaineth, through the continual Surprize of my canker'd Sins; and in the Abundance of thy Mercies heal them, and hide them in the Wounds of thy pierced Side.

15. Oh thou GOD of all Truth, my panting Soul longeth after thee, because thou art the Consumation of all Happiness; and in the Sight of thy Glory, I am ashamed of mine own Unrighteousness.

16. Oh! my Sins! my Sins! they kill me
with

with Care; They daunt me with dread; they confine me with Sorrow; they pine me with Pain; they eat me with Grief; they overthrow me with Bigness; they press me with Weight; they overlay me with Load; they are too many in Multitude; of too deep a Dye; too wilfully conceited; too often repeated too much followed and practised; I have not been enough sorrowful for them; heaping daily Sin upon Sin: I have loved Sin too much, and thy Ways too little but the Prodigal is now returning; therefore, Oh Father, in thy great Mercy, graciously receive him, for Christ Jesus sake.

17. Oh! come sweet Jesus, come with Speed to help me, for Heaps of Heaviness, as Waves of Water, have entered into my Soul to drench it; I am choaked with worldly Cares, and stifled in the stinking Streams of my ghostly Adversary, and there is none, O LORD, but thou that can help me.

18. Refrain not I beseech thee to extend thy Mercy, where thou beholdest so urgent Misery. Draw not away from me (poor Wretch) thy wanted Benignity. Oh LORD! I lift up my Soul unto thy Throne: And with my Body do I approach unto thy sacred Place, and thus upon the Knees of my Heart, do I humbly pray unto thy Divine Majesty: LORD, lay not the horrible Uncleaness of mine Offences before thine Eyes, but turn thy Face from them, and look upon the Trouble of

of my Spirit, and Grief of my Mind, and forgive me all my Sins; so great are the Mountains of my Misdeeds, that in Consideration of them, there is no Rest in my Bones: They are so many, that they grow over my Head, pressing me down as a heavy Burden.

19. O LORD, assuage thy just Anger and displeasure against me, and remit my Sins, for Jesus Christ his Sake.

20. O LORD, I have no Righteousness of mine own, whereby to cover my Nakedness; O for the Righteousness of Christ, to be my Salvation and Sanctification.

21. O merciful GOD, lead me not into Temptations, neither leave me to my own Skill or Strength under them: I am weak and witless in my self; let me always find thy Grace sufficient for me, and thy saving Strength ready to help me; without thee I can do Nothing.

22. O sweetest Jesus, admit me into the Honour and Happiness of spiritual Fellowship with thy self: O give me Heart to break off Communion with my Lusts and Idols: Make thy gracious Countenance continually to shine upon me, and be the Comfort and Strength of my Heart.

23. LORD enable me to lead a holy and religious Life, while a Pilgrim and Sojourner in this evil World: Help me by thy Grace so to live, as I may neither be ashamed to live, nor afraid to die: When at any Time I fall

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Rest for a Wearied Soul.

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unto Faults, LORD raise me up again, and
make me more watchful in Time coming, that
I may carry as becomes a good Christian.
24. LORD, pity me a poor frail Creature;
 Spare and fit me for my last Change, that
when I leave this sinful and miserable World,
I may enter into thy Glory; even so come
LORD Jesus, come quickly, *Amen.*

*His Godly Verses, which he gave to his
Youngest Son, when he lay upon his
Death-Bed.*

[1]

MY dearest Son, before I die,
these Verses I have made,
Commit them to your Memory,
mind them when I am dead.

[2]

Thy precious Soul, that lays at Stake,
to Jesus Christ commend,
That you may 'scape the burning Lake,
which never has an End.

(3)

First, Unto GOD I do bequeath

my

18 *Rest for a Wearied Soul.*
my panting fleeting Soul,
To be with them that do believe,
where no Man can controul.

(4)

Oh! Children, Children, I do say,
unto me lend an Ear:
Let not my Words pass away,
which down are written here.

(5)

First, to your Mother, be sure that you,
shew Honour all your Days,
That when this World you bid *Adieu*,
you may depart in Peace.

(6)

For if otherwise you do prove,
than what becomes a Son,
GOD certainly will cut you off;
your Glais will soon be run.

(7)

Be sure you give her Reverence due,
and to her Will pray bend,
Or else worse Evil will ensue,
and seize you in the End.

(8)

Do not grieve her, but regard,
when she to Want draws nigh;
For GOD will surely her regard,
he hears the Widow's Cry.

(9)

And next, to one another prove
kind, as becometh Brothers;
And always live in mutual Love,
most kindly with each others.

(10)

Do not strive, as wicked *Cain*
did strive against his Brother;
But always live without Disdain,
as does become each other.

(11)

Fear the LORD, obey the King;
Live quietly together;
Strive for to be born again,
that you may live for ever.

(12)

Let Heaven be your chiefest Care,
Mind not shining Gold;
And always strive to get a Share
in your Redeemer's Fold.

(13)

Love your Neighbour as your self,
and all Men, be sure that you,
Do love, and to some give and lend,
to others pay their Due.

[14]

Mind the Fatherless to relieve,

as long as you have Store:
And do not let the Widow grieve,
that begs Alms at thy Door.

[15]

For if that you do not cease,
to give unto the Poor;
When thy Stock thou see'st decrease,
GOD soon will send thee more.

[16]

For he that giveth to the Poor,
doth lend unto the LORD;
He shall receive it threefold more,
in Scripture, 'tis a Record.

[17]

All Strife avoid: Contention shun,
and brotherly Love embrace:
Be sure vain Company to shun,
and labour hard for Grace.

[18]

Remember the Words of Solomon,
for Wisdom known full well,
Who says a Whore her Steps go down,
straight in the Way to Hell.

(19)

Swearing and Lying practise not,
nor take GOD's Name in vain:
For when you think it is forgot,

Rest for a Wearied Soul,
it will turn to your Pain.

21

(20)

All idle Talk see you refrain ;
mind not what Bablers say :
Tell not a Lye, though by't you gain,
and mind what wise Men say.

[21]

Be not as they, which follow play,
with duller Heads most muddy :
But let thy Mind be well inclin'd,
Wisdom to seek with Study.

[22]

While Fools do haſt, their Time to waſt,
ſpending in Sport the Day :
Whiſt that they jeſt, let thy Heart ſeaſt,
in ſeeking Wiſdom's Way.

[23]

Remember Death and Judgment too,
mark well what here I ſay,
Remember what I ſay to you,
think on the Judgment Day.

His Common Sayings and Proverbs.

HE that will dare to be wicked sometimes for his Profit, will always be so if his Interest require it.

2. No Man can serve GOD and his own Flesh: For he that fulfils the Lust of the Flesh, is no Servant of GOD.

3. GOD is above all.

4. The Devil is never so angry, as when a Man turneth from his evil Ways.

5. Death's Dart never wants Whetting.

6. Eternity is a long Day.

7. A Man needs not be wicked against his Will, and he might bridle his Will, if he loved to live righteously.

8. No worldly Thing should come in the Ballance with thy precious Soul.

9. If thou wouldst be truly Religious, keep thy Heart, and bridle thy Tongue.

10. Improve Time well, and let none of it be mispent either foolishly or wickedly.

11. Love all that bear GOD's Image, for their heavenly Father's Sake.

12. Let not one Duty jostle out another.

13. Faint not under Afflictions, but bless GOD in every Condition.

14. Avoid ill Company, which is often a

Neck

Rest for a Weeried Soul.

23

Neck-break , and great Snare to Youth.

15. In all Things submit to GOD's Will
and be denyed to thine own.

16. Be not so hot in pursuing the World,
to become cool in GOD's Love and Service.

17. Be devote in GOD's Service, not to
be seen of Men, but to see and enjoy GOD.

18. Think not light of vain Thoughts on
idle Words.

19. Bring forth good Fruit even unto old
Age.

20. Make sure and clear thy Interest in
Christ, and he will make the happy for ever.

F I N I S.



